Empowerment days held for Cheektowaga youth

By **Jim Herr** - November 19, 2018

Around 25 students from the four Cheektowaga school districts, ages 9-12, participated in a female empowerment day last on November 14th. (Contributed)

CHEEKTOWAGA – Several community organizations came together over the last several weeks to make empowerment days possible for several Cheektowaga youngsters.

Around 25 students from the four Cheektowaga school districts, ages 9-12, participated in a female empowerment day last week.

The day consisted of hiking, yoga, mindfulness activities, a community service project where students gathered blankets of warmth for Oishei Children's Hospital and discussing issues that face middle school students in today's world. It was organized by Youth & Recreational Services Executive Director, Jillian Gorman-King, Town of Hamburg Youth at Risk Coordinator, Nicole Dayka, and Town of Cheektowaga Police Officer Jennifer Hodgson.

On November 2nd, Youth Leadership Facilitator Brett Gould along with Cheektowaga Police Sergeants, Caleb Harte, and Justin Haag, also facilitated a male empowerment day for 25 middle school students from each of the four school districts.

Their day consisted of hiking, football/basketball, de-escalation techniques, and discussions about issues facing middle school students today.

Ms. Gorman-King says the youth involved and the school administrators who assisted, told her these days were very successful and there are plans to replicate the events in the Spring.

Around 25 students from the four Cheektowaga school districts, ages 9-12, participated in a male empowerment day last on November 2nd. (Contributed)

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